

Resources for Supporting the Bisexual Community

In recognition of Bisexual Visibility Day, which is celebrated each year on September 23, the Center of Excellence on LGBTQ+ Behavioral Health Equity has compiled a list of resources for professionals to use to better support the unique needs of bisexual people. Please share this list with your colleagues and [download the accompanying social media toolkit](#) to share via multiple platforms!

- **Bi resource Center**
 - [Bi+ 101](#)
 - [Frequently Asked Questions about Bisexuality](#)
 - [Transgender and/or Nonbinary Folks in the Bi+ Community \(pdf\)](#)
 - [Bisexuality and Disability \(pdf\)](#)
 - [Ten Tips on How to be Bi-inclusive in Your Programs and Services for LGBTQ Elders](#)
 - [Bisexuality+ and Christianity: A Resource](#)
 - [Info For Families of Bi+ Youth](#)
 - [Coming Out as Bi+](#)
 - [Mental Health in the Bi+ Community](#)
 - [Sexual Health Tips for the Bi+ Community and Best Practices for Providers](#)
 - [Find a Bi+ Group](#)
 - [Growing Bi+ Community: A Handbook for Facilitators](#)

- **The Trevor Project:**
 - [Understanding Bisexuality](#)
 - [How to Support Bisexual Youth](#)

- **Still Bisexual**
 - [Am I Bisexual?](#)
 - [Bisexual Identity and Health: The Facts](#)
 - [Infographic: Little Known Facts about Bi+ People](#)
 - [A Guide for Mental Health Clinicians](#)

- **Movement Advancement Project:**
 - [A Closer Look: Bisexual Transgender People](#)
 - [Invisible Majority: The Disparities Facing Bisexual People and How to Remedy Them](#)

- **Human Rights Campaign**
 - [Coming Out: Living Authentically as Bisexual+](#)
 - [Health Disparities Among Bisexual People](#)
 - [Bi+ Youth Report](#)

- **Research on Bi+ Identities:**
 - [Bisexual adults are far less likely than gay men and lesbians to be 'out' to the people in their lives](#)



- **GLAAD:**
 - [Reporting on the Bisexual Community](#)

- **National LGBTQ Task Force**
 - [The 411 on Bisexual Resources](#)
 - [The Bisexual Invisibility Report](#): Produced by the San Francisco Human Rights Commission, the report details current statistics about the bisexual community and makes recommendations to increase inclusion and visibility.
 - [Williams Institute Report](#): How many people are lesbian, gay, bisexual or transgender?
 - [Rainbow Health Ontario Fact Sheet](#): Important health-related statistics about the bisexual community.
 - [Guidelines for Researching and Writing about Bisexuality](#): Best practice guidelines for those wanting to write about bisexuality and research about bisexuals.
 - [Bisexual People in the Workplace: Practical Advice for Employers](#): Detailed advice on how to include bisexuals in workplace diversity work and information about the issues that bisexuals face in the workplace.
 - [Bisexual.org](#): A freshly designed website where you can connect to three awesome resources:
 - [The American Institute of Bisexuality](#) encourages, supports and assists research and education about bisexuality, through programs likely to make a material difference and enhance public knowledge, awareness and understanding about bisexuality.
 - [The Journal of Bisexuality](#): a quarterly academic journal that publishes research, personal essays, book and film reviews upon bisexual themes.
 - (It may be interesting to share an article from this publication if there's a recent one that addresses behavioral health)
 - [Bi Magazine](#): Want to find out what bisexuals are talking about in art, music, movies, and politics? So does Bi Magazine.
 - [Bisexual Organizing Project \(BOP\)](#): Based in the Twin Cities of Minnesota, this organization produces the annual [BECAUSE](#) conference, and provides a strong bisexual presence throughout the Midwest. BOP advocates for equal acknowledgement and recognition of bisexual identities and communities and creates a safe community for bisexuals and our allies within and outside of LGBTQA spaces.

- [The Bisexuality-Aware Professionals Directory](#): A new and growing listing of professionals who are sensitive to the unique needs of bisexual clientele

- **Additional SAMHSA Resources**
 - [A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals](#)
 - [Top Health Issues for LGBT Populations](#)
 - [Affordable Care Act \(ACA\) Enrollment Assistance for LGBT Communities](#)

